REGIONS & CITIES | European Week Brussels 7-10 October 2019

Homes4Life

CERTIFIED SMART AND INTEGRATED LIVING ENVIRONMENTS FOR AGEING WELL

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European Commission

European Committee of the Regions

Homes4Life: the project

- Project started in December 2018 – 24 months
- 9 partners from 5 EU countries

tecnalia Inspiring Business

R2M RESEARCH TO MARKET SOLUTION

EUROCARERS EUROPEAN ASSOCIATION WORKING FOR CARERS

TNO innovation for life

CertiVeA

AGE Platform Europe

UNIVERSITÀ POLITECNICA DELLE MARCHE

Utrecht University

ECTP INNOVATIVE BUILT ENVIRONMENT

The rationale

If environments are disabling people,
less chances for those individuals to contribute to society
(work, volunterring, informal care, consuming…)

Healthy citizens have more chances to be **active citizens**

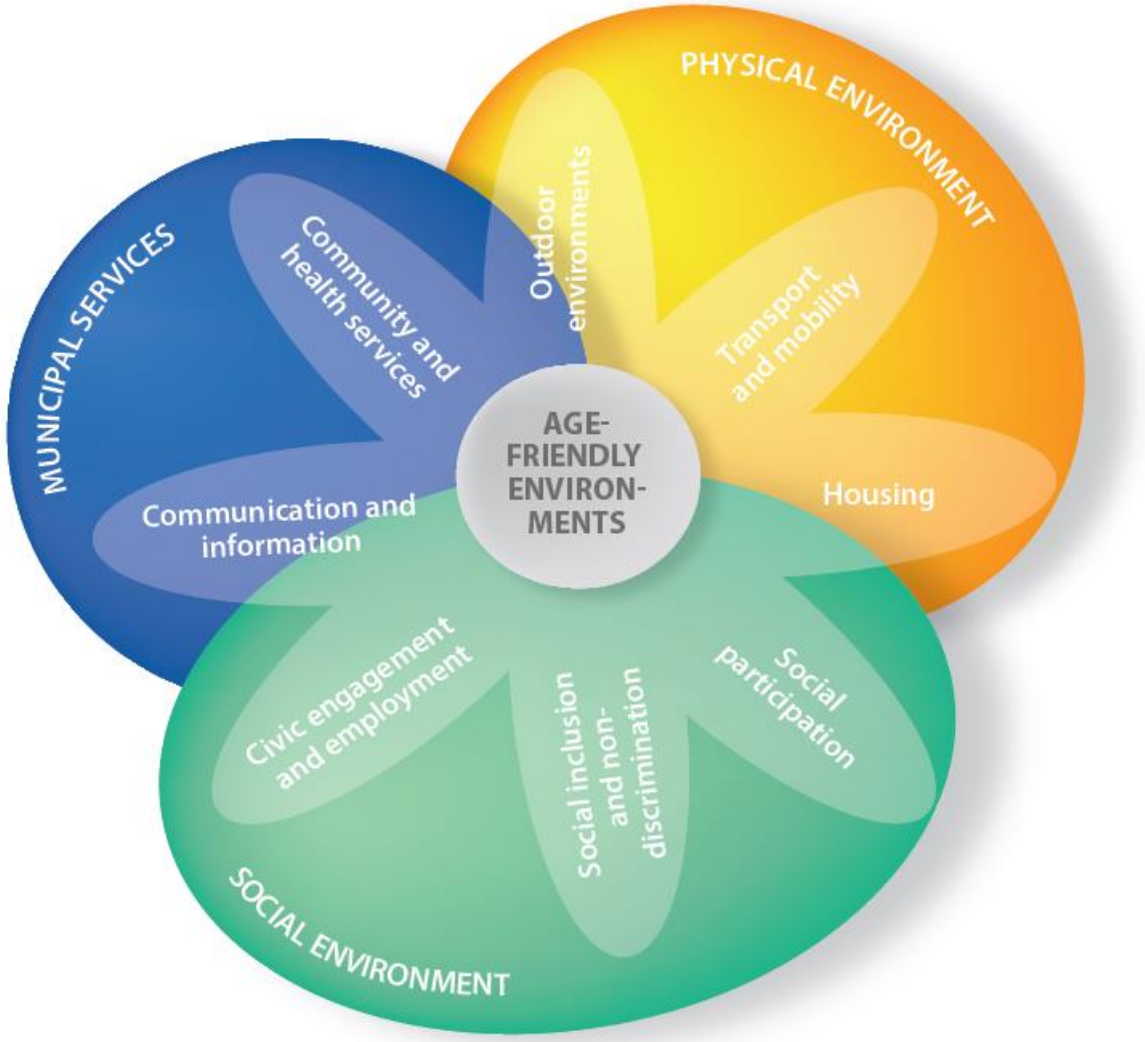
Striving for this objective, **across the lifespan**

Untap the potential of older citizens

A comprehensive approach

An age-friendly approach incl.:

- **social inclusion** (green),
- **adequate services** (blue), and
- **an enabling physical environment** (yellow)



A quick definition

- Healthy ageing ≠ absence of disease
- People's ability to do the **things they value** most
- Depends on = intrisic capacity + environment

Loneliness & isolation

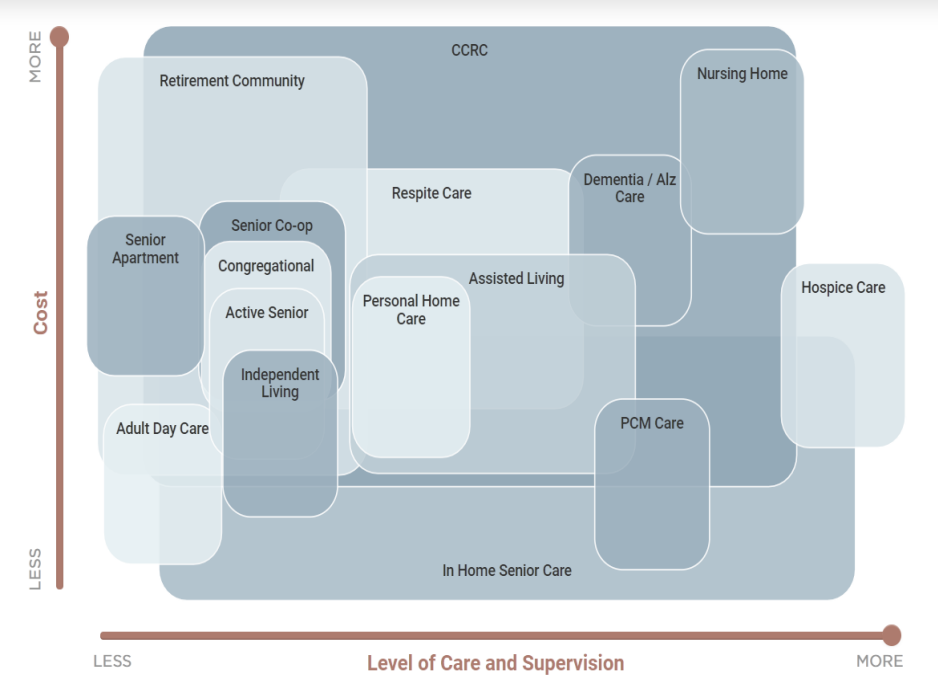
Accessibility and Habitability

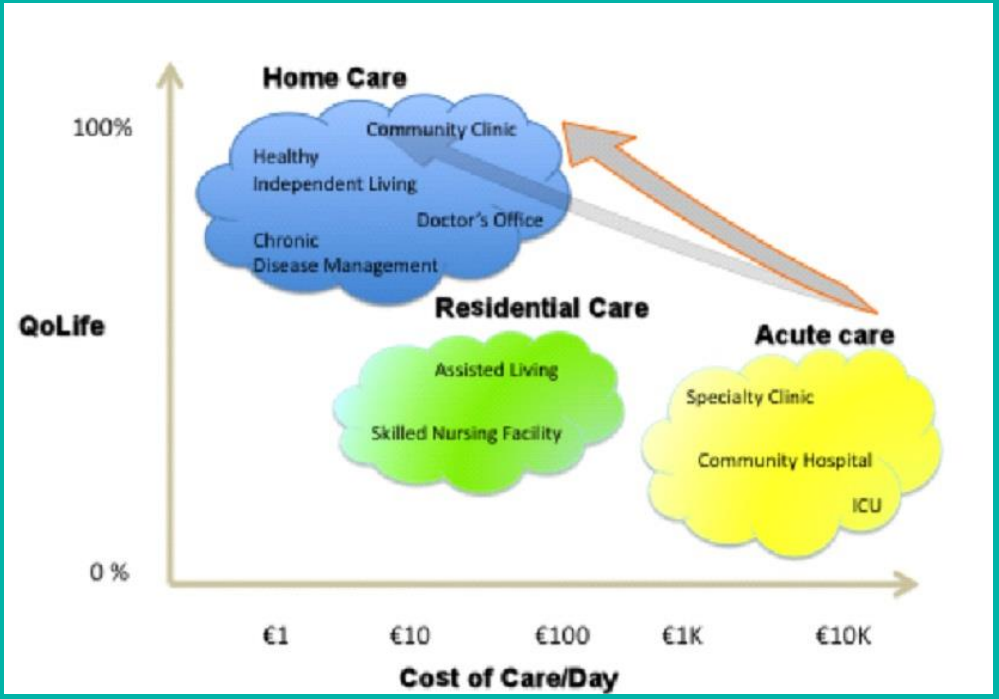
Care

Clear preferences

COUNTRY	POPULATION SURVEYED	RESPONDENTS' PREFERENCES
Austria	1,000 Austrians over the age of 60	22% respondents say they are very likely to move, 34% likely to move and 45% consider it is out of question.
Belgium	2000 Belgians aged between 60 and 85	In case of dependency, older people prefer housing options that allow them to continue living at home for as long as possible with professional or informal help. 11% choose a room in a nursing home. 23% say they have not yet thought about it.
Denmark	4,000 Danes between the ages of 50 and 89	More than every third between 50 and 89 years prefers to stay in their current home.
Ireland	5000 people aged 55 and older	80% of are positive towards adapting their current home; 80% are negative towards moving into a nursing home. 66% prefer to stay in mainstream housing.
Netherlands	Older people aged 57+	79% of the independently older people want to stay at home, even if the need for care increases. As people get older, the desire to continue living in their own homes increases. People aged between 57 and 61, three-quarters want to stay in their current home, while of the 72-77-year-olds, 84% want to stay at home.
Poland	1017 people living in Poland.	64% would like to live in their own apartment, with immediate help from relatives - family, friends, neighbours.
Spain	1.380 older people aged between 65 and 84	82% intend to stay at home as long as they can. Moreover, among those with a high degree of dependency, 74% prefer to continue living in their current home.

A variety of options?



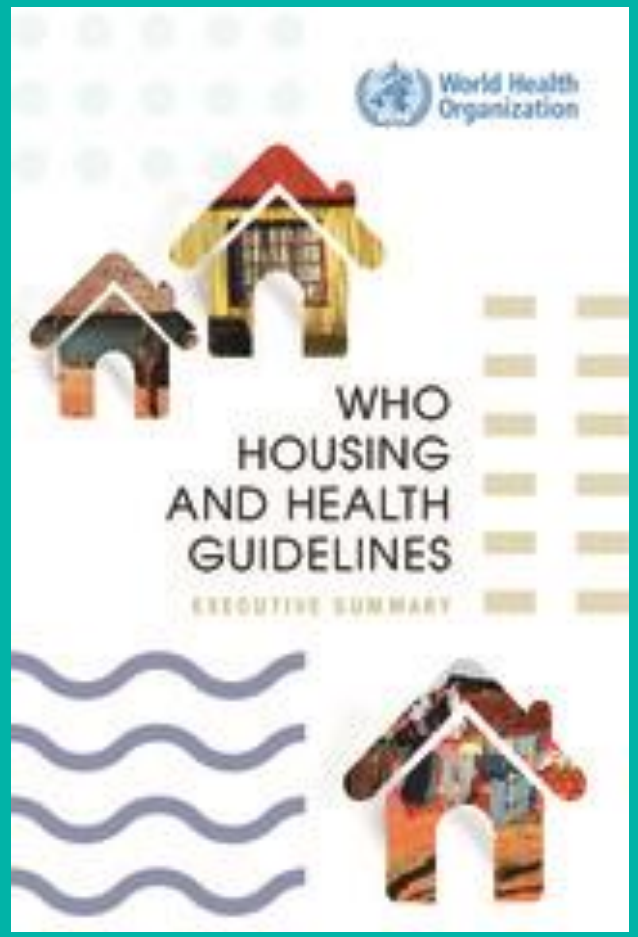


The need

Homes4Life

The actors

World Health Organization
Europe
PHYSICAL ENVIRONMENT
MUNICIPAL SERVICES
SOCIAL ENVIRONMENT
AGE-FRIENDLY ENVIRON-MENTS
Housing
Communication and information
Age-friendly environments in Europe
A handbook of domains for policy action


World Health Organization
WHO HOUSING AND HEALTH GUIDELINES
EXECUTIVE SUMMARY

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