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Alpine compass: Youth for quality of life in the Alps

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september, 2025, AlpWeek



ESPON



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- Lead partner: CIPRA Slovenija, partner organisations: CIPRA Germany, CIPRA France and CIPRA International
- Project duration 01. 01. 2023 till 01. 08. 2024
- The project “Alpine Compass” empowers young people, raises awareness among decision makers and strengthen the transnational collaboration

Quality of life is one of the priority topics of the Slovenian Presidency of the Alpine Convention. The project “Alpine Compass: Youth for quality of life in the Alps” tackles the transnational challenge of integrating a quality of life perspective into policy documents.



Activities:

- Webinar and workshop for project partners on quality of life and working with young people,
- Research about quality of life, preparation and implementation of interviews with young people,
- Webinar and workshop for young people on quality of life and Alpine policy frameworks and opportunities for youth participation in the Alps,
- Implementation of living labs with young people (6 sessions, two in each country),
- Formulation and presentation of postulates to the Permanent Committee of the Alpine Convention in Maribor, Slovenia,
- Dossier "Quality of life and young people in the Alps - the case of Slovenia, France and Germany" - collection of project results.

Living labs



“The quality of life is definitely affected by excessive tourist visits and the feeling that we as local people are superfluous and an obstacle to further tourism development.”

“Living in this location is my choice and I like it, but it's also true that if I wanted to move somewhere on my own, I don't have that option because rents are too expensive and it's even more expensive to buy or build. I can't afford to live on my own, given Slovenian salaries.”

“In the future, the biggest impact on my quality of life will probably be housing issues, traffic congestion associated with tourist visits, and the state of the environment and nature.”



Living labs

- ESPON explained about their indicators and data collection
- Institute of studies for the integration of systems (Italy) explained how they planned to organise their living labs
- We adapted ESPON methodology and adjusted it to our needs (young people, winter time, we already had some data)
- We did not want to limit our young people with already existing indicators as we were hoping to see what indicators will show up as really important to them

The screenshot shows a Zoom meeting interface with several participants. The main content is a presentation slide titled "Living lab: general process scheme". The slide is divided into two main sections: "TQoL Living Lab flow overview" and "Pilot Living Lab activities (Steps 1 to 5)".

TQoL Living Lab flow overview: This section shows a flowchart with five steps. Step 1 is "Think, examine and qualify of the measurement and policy priorities, and context of factors (stakeholders, etc., etc.)". Step 2 is "TQoL framework application: opportunities & feasibility". Step 3 is "TQoL priorities and indicators selection". Step 4 is "TQoL goals and targets adopted in policy documents". Step 5 is "TQoL indicators implementation and monitoring".

Pilot Living Lab activities (Steps 1 to 5): This section shows a flowchart with five steps. Step 1 is "Citizens Focus Group". Step 2 is "Interviews". Step 3 is "Workshop". Step 4 is "Policy-makers hearing". Step 5 is "Statistical or Spatial Planning Agencies".

The slide also includes a note: "The activities in grey are not implemented in the pilot, but they complete the general scheme of the process".

How did we do it?

- 6 living labs in 3 different countries with high school and university students (city and rural areas)
- What is your connection to the Alps?
- One word "What is quality of life for you"?
- Game with pictures (chose a picture - what is important for you in your life)



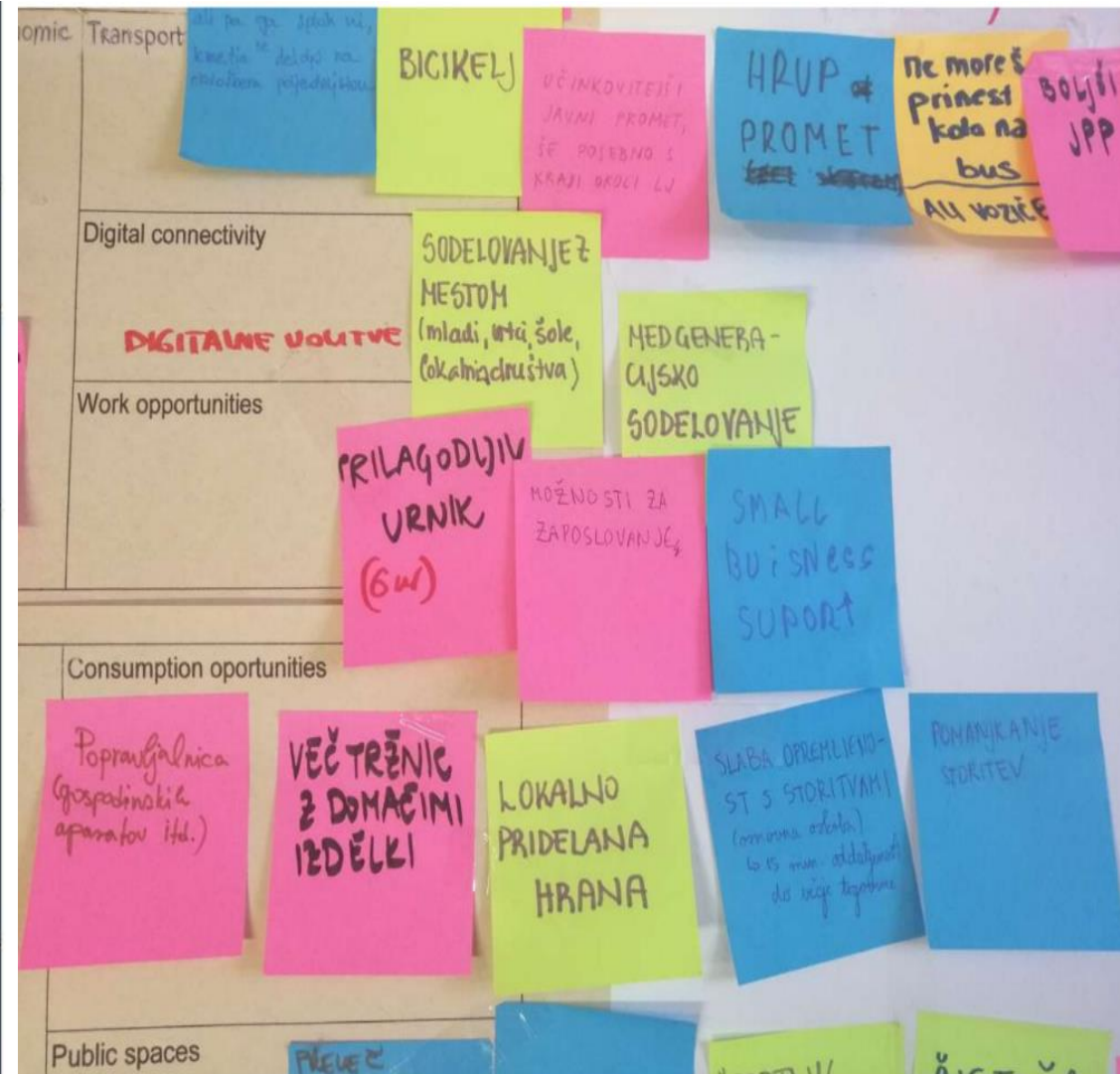
- **Identifying needs, challenges and wishes in the area you live - What does quality of life mean to you?**
- **NEEDS & WISHES:** What would I wish that my city/town/village would have (and it does not now), if I could change anything, what would I wish to change to make this place a better place for you?
- **CHALLENGES:** What is difficult in your area, what makes you unhappy
- **THINGS/VALUES:** What am I happy with or which are the good points of your area
- **Selection of indicators**

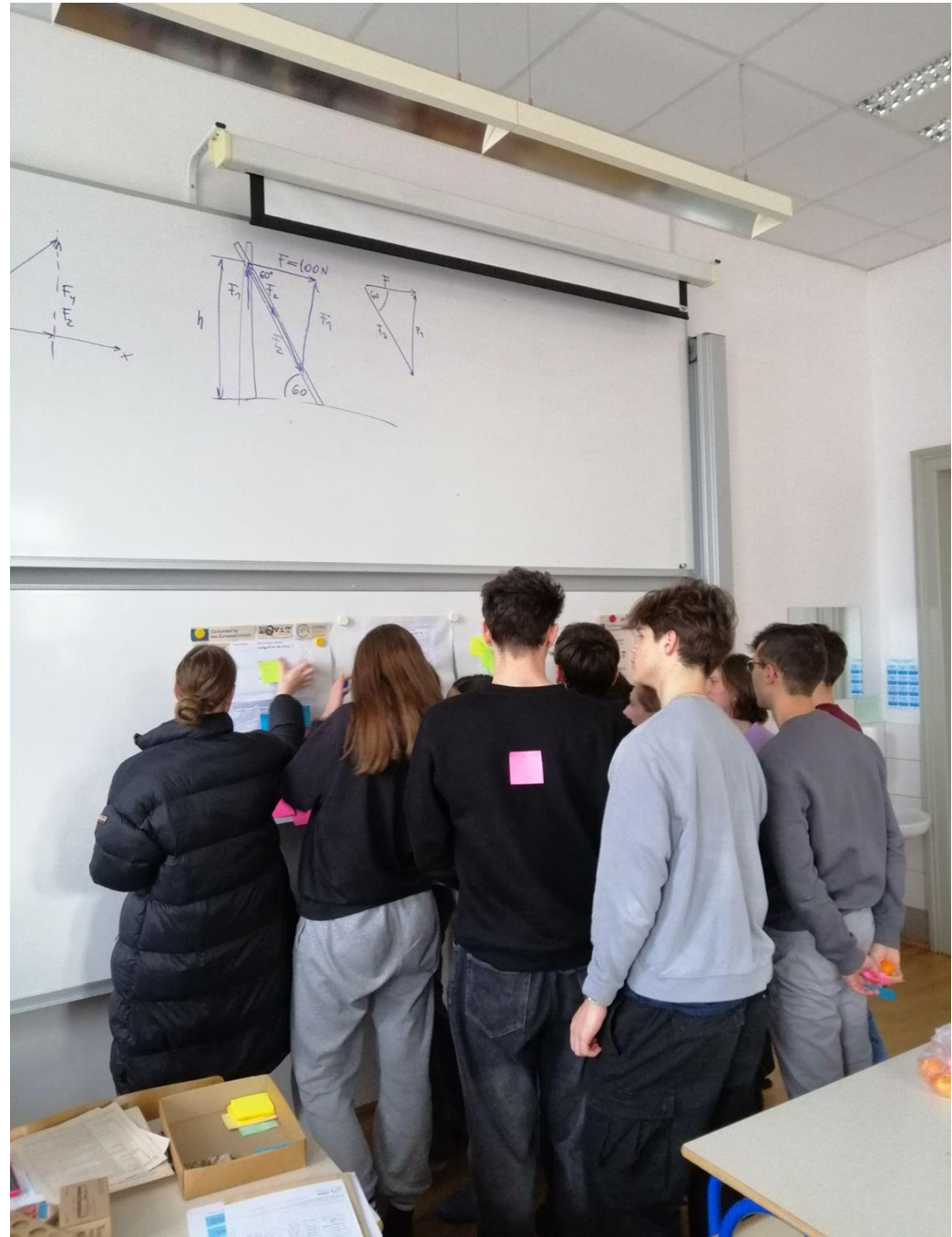


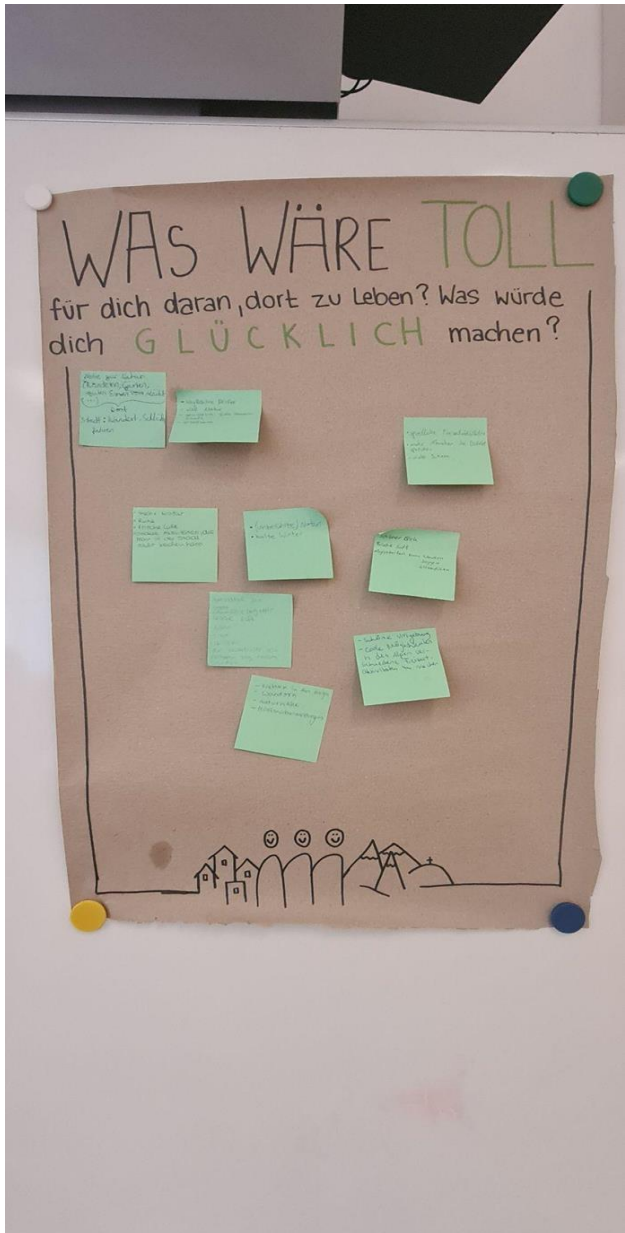
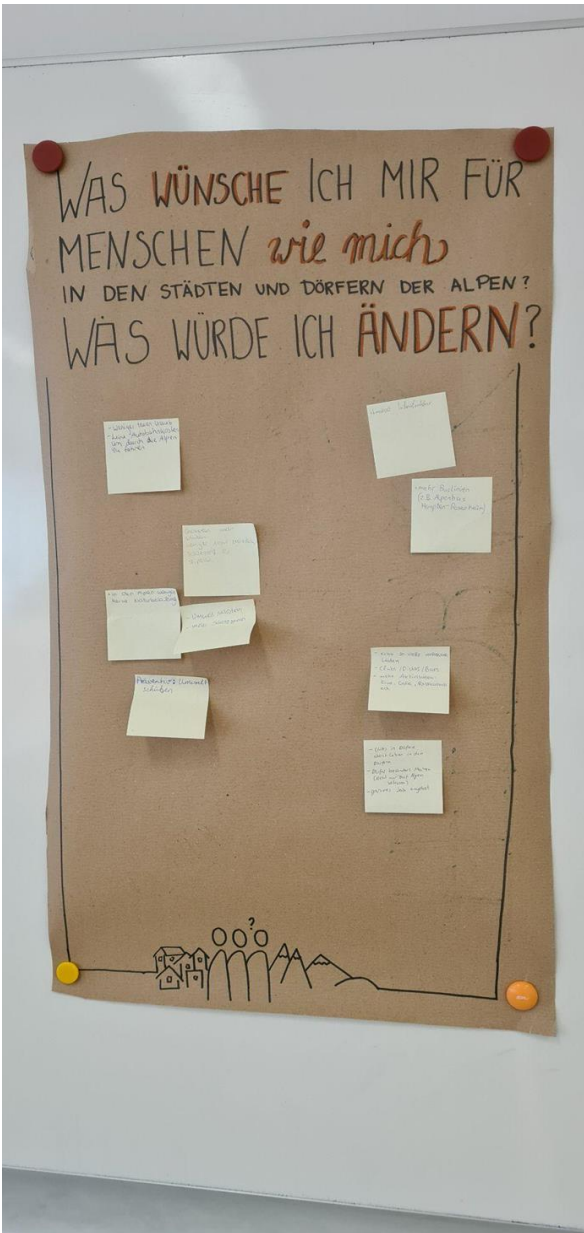
			VALUES	NEEDS & WISHES	CHALLENGES
Good life Enablers	Personal enablers	Housing & basic utilities	- gradnja hiš, povezana s tradicijo	- Več socialnih stanovanj/nizje najemnine - nadzorovana urbanizacija - bližina storitev	- študentski domovi - luksuzna stanovanja - gradnja novih trgovin - pomanjkanje infrastrukture
		Healthcare	- bližina storitev		
		Education		- urejene učne poti nadaljevanje izobraževanja v starejših letih - javna izobraževanja o trajnostnem razvoju - urejene učne poti	
Socioeconomic Enablers	Transport		- sistem izposoje BicikeLJ - urejene kolesarske poti	- boljši JPP (5x)	- hrup - preobremenjene lokalne ceste - slaba povezanost do gora z JPP - slaba opremljenost z JPP na podeželju
		Digital connectivity	- medgeneracijsko sodelovanje - sodelovanje z mestom	- digitalne volitve - več sodelovanja med občinami	
	Consumption opportunities	- lokalno pridelana hrana	- več tržnic z domačimi izdelki - popravilnica koles	- pomanjkanje storitev - slaba opremljenost s storitvami (velika oddaljenost do večje trgovine)	
	Public spaces	- čistoča - brezplačen dostop do narave - mestni parki	- naravno kopališče (ribnik/jezero)	preveč nakupovalnih centrov in gneča v njih	
	Work opportunities		- prilagodljiv urnik - 6-urni delavnik - boljše možnosti za zaposlovanje		



			<ul style="list-style-type: none"> osebnostno rast psihoterapevtska pomoč dostopna za vse in ceneje 	
	Personal Safety	<ul style="list-style-type: none"> prosto gibanje 	<ul style="list-style-type: none"> varna pot v šolo 	
Economic and Societal health	Inclusive economy		<ul style="list-style-type: none"> več aktivnosti za mlade vključevanje v procese odločanja 	<ul style="list-style-type: none"> neaktivna mladina nesamoiniciativna mladina na podeželju
	Healthy society	<ul style="list-style-type: none"> dobri medsosedski odnosi urejene priljubljenost pomagati sosedom spodbujanje lokalnih podjetij 		<ul style="list-style-type: none"> odhajanje mladih prehitra urbanizacija
Ecological health	Healthy environment	<ul style="list-style-type: none"> urejene pohodniške poti 	<ul style="list-style-type: none"> trajnostni turizem manj gost avtomobilski promet manj odpadkov/plastike bolj samooskrbna skupnost 	<ul style="list-style-type: none"> smeti (2x) hrup divja odlagališča v naravi nepotrebni posegi v naravo preveč avtov







GOOD PUBLIC TRANSPORT

FREE ACCESS TO **SPACES** WHERE
YOUNG PEOPLE CAN HANG OUT AND
DON'T NEED TO SPEND MONEY

ACCESS TO MENTAL HEALTH
SUPPORT

CLEAN AIR

ACCESS TO PUBLIC HEALTH

MORE SOCIAL BELONGING -
CONNECTED LOCAL
COMMUNITIES

**ACCESSIBLE RENTS AND
AFFORDABLE HOME
PURCHASE FOR YOUNG
PEOPLE**

**LOCAL PEOPLE
OVER TOURISM**

HEALTHY ENVIRONMENT

MORE ORGANIC FARMING

MORE VARIED JOB
OPPORTUNITIES

MORE POLITICAL ACTION (NO
WORDS) WITH CLIMATE
CHANGE

DECENTRALIZATION





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Thank you for your attention!

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